



# REVIEWS

## BOOKS

Reviewed by Ruth Parnell

### THE ROSWELL MESSAGE

by René Coudris

Publisher: Gateway Books, UK, 1997 (first publ. by F. A. Herbig Verlag, 1996)  
ISBN 0-85860-039-1 (192pp s/c)  
Price: AUD\$29.95; NZD\$35.00; STG£10.95; USD\$n/a

Available: **Australia**—Sydney Esoteric Bookshop, ph (02) 9212 2225 (available late August); **NZ**—Peaceful Living, ph (07) 571 8105 (late August); **UK**—Gateway Books, ph 01225 835127 (late July); **USA**—Gateway America, ph (707) 939 9212 (early August).

Controversy over the crash and recovery of an alleged alien spacecraft near Roswell, New Mexico, exactly 50 years ago, continues to capture the public imagination. But new information from a surprising source is about to trigger a whole new level of debate.

This information comes from a series of para-contact sessions held in August 1995, where two-way telepathic communication was established with, supposedly, the very aliens involved in the Roswell crash—or at least with their mental bodies which survived and reincarnated in new host bodies.

Austrian telepathic researcher/author René Coudris conducted these sessions with his wife, Mira, an experienced deep-trance medium. They knew few details of the Roswell incident before these sessions, but René has since become familiar with the available literature, which he presents in summarised form in the first part of his book, *The Roswell Message*.

The revelations these entities make are

indeed thought-provoking. They cover *their* perspective on details of the Roswell crash and government cover-up as well as data about their home planet, technology, reproduction techniques and their ancient links with humanity. Claiming to have travelled back in time from millions of years in the future, these beings have given a stern warning that we should *not* tamper with our genetics—lest we end up like them!

Certainly, René and Mira seem to be sincere in their approach, but whether this 'channelled' information is to be believed is up to the individual to ponder.

### MASTER R: LORD OF OUR CIVILISATION

by Michael Taylor

Publisher: The Rawley Trust, Christchurch, New Zealand, 1997  
ISBN 0-473-04337-8 (178pp s/c)  
Price: AUD\$30.00; NZD\$30.00; STG£12.00; USD\$20.00 (prices inc. p&h)  
Available: **New Zealand**—The Rawley Trust, PO Box 2831, Christchurch 8015, ph +64 (0)3 366 2943.

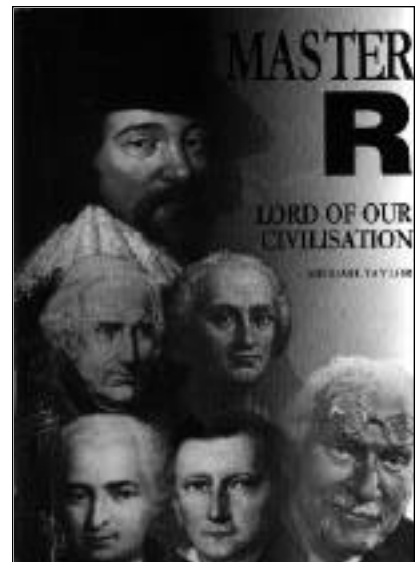
Certain extraordinary individuals have been responsible for great leaps in the progress of Western civilisation, but, according to 'secret' traditions, some of those individuals have been one and the same soul, expressed as different personalities through the centuries. One such 'master soul' is known as Master R., whose various incarnations have had a similar purpose: humanity's enlightenment. That such soul expressions might be possible requires some acceptance of reincarnation.

Master R., Lord of the 7th Ray, is well known to the Theosophists, Rosicrucians, Freemasons and in some New Age circles as

the Comte de St-Germain: the 'revolutionary' 18th century Hungarian Prince George Rakoczi who also lived as Sir Francis Bacon; as 14th/15th century Christian Rosencreutz, founder of Rosicrucianism; as 13th century scientist-monk Roger Bacon; and 4th century martyr St Alban, founder of Freemasonry.

Michael Taylor, in his book, *Master R: Lord of Our Civilisation*, highlights the esoteric links which do seem to suggest continuity of this master soul. He also adds to the list a few more Master R. 'lives', such as Columbus and Carl Jung, which may or not be accepted by the mystery schools.

While Taylor's coverage is necessarily somewhat brief, he has assembled fascinating material which will surely inspire readers to explore new realms of knowledge.



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### ENTER THE VORTEX AS ONE LIGHT: A Journey to Interdimensional Freedom by Sizzond Zadore (Jon Whistler)

Publisher: Light Pulsations, 1997; PO Box 102, Mowbray Heights, Tasmania 7250, Australia, ph 1-800 63 0290, fax +61 (0)3 6328 1539

ISBN 0-646-31591-9 (266pp s/c)

Price: AUD\$27.00; NZD\$36.00;

STG£16.50 (all prices include p&h)

Available: **Aust**—NEXUS Magazine, ph 07 5442 9280; **NZ**—NEXUS Office, ph 09 416 7320; **UK**—NEXUS Office, ph 01342 322854.

This book is the follow-up to *One Light*, Jon Whistler's story of the unearthing of an artefact through which the messages of Zadore were communicated—to awaken us all to the higher dimensional consciousness that is our true essence. This sequel has no storyline as such, but comprises those transmissions which could not be included in *One Light*, plus some comments from Jon Whistler and his companion Rose Medlin. (We recommend that you read *One Light* first; see review in NEXUS 3/04.)

The information imparted in the transmissions is *not* channelled; rather, it is described as a flow that comes from a true two-way connection with the "One Light". According to Sizzond Zadore, the first step in achieving this "surrender" to the "Vortex of Light" is for the individual to align the intellectual and emotional polarities that comprise the Ego or Soul. This assists one to break free from the illusion of the astral planes, particularly those lower realms inhabited by "Astral Lords"—entities who seek to main-

tain humanity's entrapment and manipulate human energy that they might free themselves from their own bondage.

This "Path of Freedom and Light" is not an easy one. Zadore reminds us that not even the so-called "new age" philosophies and disciplines are free from the tainted influence of negative astral vibrations, so it is up to each individual to be vigilant. However, attunement to the Vortex is about more than personal healing, for as each of us is an antenna of Light, self-healing ensures the healing of the Earth and galaxies beyond. This is an insightful, empowering collection.

### SOUNDING THE INNER LANDSCAPE: Music as Medicine by Kay Gardner

Publisher: Element Books, USA, UK, 1997; Jacaranda Wiley, Australia, 1997

ISBN 1-85230-973-3 (267pp s/c)

Price: AUD\$29.95; NZD\$29.95;

STG£9.99; USD\$16.95; CAN\$23.99

Available: **Aust**—Cameron Books, ph

(047) 58 7676, fax (047) 58 9047;

Sydney Esoteric Bookshop, ph (02) 9212

2225; **NZ**—Penguin Books, ph (09) 444

4965; **UK**—Element Books, ph 01747

851339; **USA**—Element Books, ph (508)

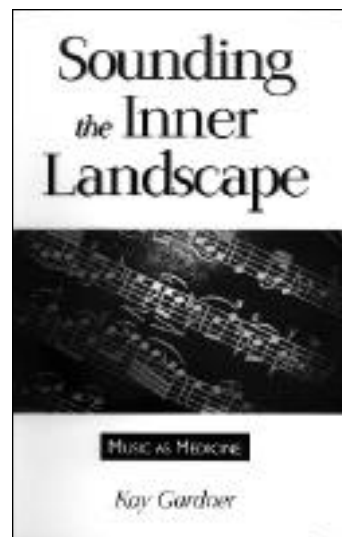
546 1040.

The use of music in ritual healing practices has been common among many cultures, both ancient and modern, but its healing role in the 'civilised' Western world has been downplayed in favour of aesthetic and entertainment values. In an attempt to redress this imbalance, musician/composer/spiritual therapist Kay Gardner has written this powerful book, *Sounding the Inner Landscape*.

She has devoted her career to exploring and explaining the mysteries and science of

music and developing ways of using sound as an integrative, therapeutic and transformative tool for promoting health on all levels—physical, emotional, mental and spiritual. The techniques she presents can be applied to self-healing or to aiding the health of others.

Gardner has written *Sounding the Inner Landscape* for composers and musicians who want to write and play healing music or who want to inject more 'spirit' into their work. She begins with an emphasis on the chakras, medicine wheels and tones, and the importance of clear, pure intent in the sound healing process. Drawing on Indian, Chinese, Tibetan and Greek legacies, she explains the functions of droning, toning, chanting and *mantra* in vibrational healing, and suggests a number of exercises for self-attunement.





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Gardner seeks to inspire a new understanding of the inherent sacredness of music and all its aspects, including harmonics, rhythm, melody, mood, metre and more. In teaching us to appreciate music's divine proportions, she reveals a whole new inner vibrational landscape that is accessible to the senses.

## THE GOD HYPOTHESIS: Extraterrestrial Life and Its Implications for Science and Religion by Joe Lewels, Ph.D.

Publisher: Wild Flower Press, USA, 1997  
ISBN 0-9226524-40-2 (295pp s/c)  
Price: AUD\$38.00; STG£n/a;  
USD\$18.95 + USD\$3.50 p&h  
Available: **Aust**—Cameron Books, ph  
(047) 58 7676; Sydney Esoteric B/shop,  
ph (02) 9212 2225; **UK**—Counterculture,  
ph 01823 698895; Wind Rush, ph 0608  
652012; **USA**—Wild Flower Press, ph  
(704) 894 8444, 1-800 366 0264.

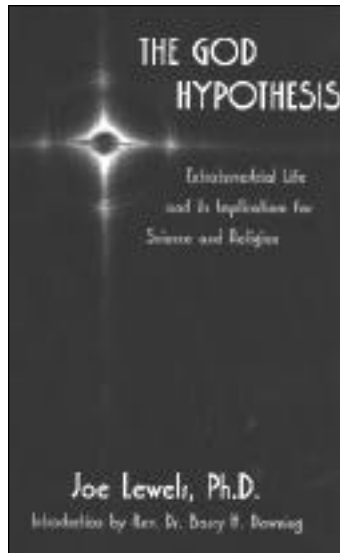
A few years ago, author Joe Lewels, a journalism Ph.D. and media professor at the University of Texas, El Paso, made a significant career move when he applied his skills on a freelance basis in pursuit of an abiding curiosity: the UFO mystery. He had held a private fascination for the subject since his first aerial sighting over Alabama in 1968, so he resolved to come to grips with it.

Dr Lewels' research revealed a much wider context to the UFO phenomenon than he'd hitherto imagined. His book, *The God Hypothesis*, is a synthesis of the best of the available literature as well as his own findings. He arrived at his perspective as a result of his interviews with people claiming to have had extraterrestrial contact; his realisation that coming to terms with the evidence requires a shift in the conventional

scientific materialistic viewpoint; and his discovery that many ET contact reports have parallels with certain biblical accounts and historical events.

Lewels' reinterpretation of key events in the Old and New testaments certainly challenges the prevailing religious doctrines. His suggestion that Moses "may have been the most famous contactee in history" may shatter some cherished belief systems, as may one concerning Christ's Ascension on a UFO hidden within a cloud, and another, that ETs may have had a significant influence on the world's religions.

Lewels argues that, in the light of the evidence for holographic layers of existence occupied by hierarchies of entities, we may have to re-evaluate our hypotheses about the nature of God and creation.



## COLLOIDAL SILVER: The Hidden Truths

by Keith F. Courtenay

Publisher: The House of Courtenay, Australia, 1997  
ISBN 0-646-30868-8 (264pp s/c)  
Price: AUD\$29.95 + AUD\$5.50 p&h;  
overseas orders add AUD\$10.00  
Available: **Australia**—The House of Courtenay, PO Box 125, Montville, Qld 4560, ph +61 (0)7 5442 9555; fax +61 (0)7 5442 9590.

It was only after years of trying to fight off a severe lung disease with antibiotics that Keith Courtenay realised his system was riddled with a chronic *Candida* yeast infection—caused by the antibiotics themselves.

In his search for alternatives, Keith stumbled across reference to colloidal silver as a universal germicide, able to kill up to 650 disease-causing micro-organisms including bacteria, viruses, fungi and yeasts.

He was surprised to find much early 20th-century literature about the efficacy of colloidal silver in medicine, and learnt that, with the introduction of antibiotics, its use was superseded and research was halted until the 1970s. Keith Courtenay was convinced enough by this data to start treating himself and experimenting until he found the most effective formula.

Inspired by his subsequent dramatic improvement in health, and that of others who have used colloidal silver to treat a variety of conditions, Keith decided to write *Colloidal Silver: The Hidden Truths*. Interwoven with his own story is material drawn from recent published articles plus selected medical papers, some going back nearly a century, covering colloidal silver's proven efficacy in medical practice.

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While colloidal silver is effective against a veritable A to Z of illnesses, Courtenay's selections by no means cover the full gamut, which may disappoint readers keen to treat specific complaints. In any case, his advice on what constitutes an effective colloidal silver formula is essential knowledge in making this universal germicide work for you.

### MIRACLES

by **Cassandra Eason**

Publisher: Piatkus Books, UK, 1997

ISBN 0-7499-1690-7 (178pp s/c)

Price: AUD\$22.95; NZD\$24.95;

STG£8.99; USD\$n/a; CAN\$n/a

Available: **Aust**—Cameron Books, ph (047) 58 7676; Sydney Esoteric B/shop, ph (02) 9212 2225; **NZ**—Dist. by David Bateman Ltd, ph (09) 415 7664; **UK**—Piatkus Books, ph 0171 631 0710; **USA/Canada**—Dist. by General Publishing, Don Mills, Ontario, fax (416) 445 5967.

In the whirl of our daily lives it's easy to dismiss the fact that miracles can and do happen, particularly as they tend to defy logic. This book reminds us that life is not always as random as it may seem.

In *Miracles*, well-known UK author/broadcaster Cassandra Eason says it is not uncommon for ordinary people all over the world to have life-changing, life-enhancing experiences that can only be described as 'miraculous'. A 'miracle', even when it can be explained in terms of natural phenomena, often involves synchronistic factors which suggest its occurrence was not a random event. Frequently, a belief in the power of love and prayer are factors, as is a



belief in the power of life, though belief in God or a divine cause is not a prerequisite condition.

Throughout these pages are dozens of stories from ordinary people whose lives have been touched by miracles. Their experiences affirm the power of miraculous intervention in healing the sick and dying against insurmountable odds; in establishing telepathic links beyond the physical world; and in rescuing people from almost certain death in wartime and in accidents.

Stories of weeping statues and dancing suns, and the transphysical abilities of Indian avatar Sai Baba, defy the sceptics but many who experience these miraculous signs and powers often report positive, inspirational changes in their lives.

Do 'miracles' happen more often to those who suspend their scepticism? This is an intriguing, optimistic book that could well change your view on life.

### ALTERNATIVE 4: UFOs, MIND & BODY CONTROL

by **Alder**

Publisher: Alpha Education, UK, 1996

ISBN 0-9529567-0-5 (458pp s/c)

Price: STG£17.50 inc. p&h in UK;

STG£21.50 inc. overseas p&h

Available: **UK**—Alpha Education Ltd, PO Box 2518, Rottingdean, East Sussex BN2 8EW, ph +44 1273 278640.

*Alternative 4* is an ambitious attempt to reveal the machinations behind the 'psycho-civilised society' that we are becoming—and which has been in the pipeline for 3,000 years. The book is written by a biochemist who has stepped way beyond the confines of her own scientific discipline.

The title suggests a development of the "Alternative 3" theme, and, indeed, it is all that and more, for it purports to reveal a devious conspiracy aimed at the enslavement of the human race and the "total dissolution of the spiritual memory".

Alder draws on the 'new science' field to try to explain the UFO phenomenon as well as potential dangers of HAARP and GWEN. These technologies, she argues, are the work of a secret cabal that has manipulated humanity and history through the millennia.

Alder claims to have deciphered symbols and codes from ufology which correspond to the occult symbology of some secret societies as well as to symbols of ancient cultures such as the Minoan—symbols which, in this case, suggest that in 1400 BC Crete was taken over by a patriarchal order who set into motion a diabolical plan that would seem to be coming to fruition in our times.

Alder distills a vast amount of research, but makes so many connections at once that it is easy to lose the thread of her argument.



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## WHO KILLED THE DARLING BUDS OF MAY? 1) VACCINATION: What Vets Don't Tell You About Vaccines by Catherine O'Driscoll

Publisher: Abbeywood Publishing Ltd, Derbyshire, UK, 1997  
ISBN 0-9523048-1-3 (314pp s/c)  
Price: STG£16.47; other prices on appln  
Available: **Aust**—Viera Scheibner Publications, ph (047) 87 8203; **UK**—Abbeywood Publishing, PO Box 1, Longnor, Derbyshire SK17 0JD, ph +44 1298 84737, fax +44 1298 84739; **USA**—Abbeywood Publishing, PO Box 182, Danville, IN 46122; **Canada**—Out Pets Inc., ph (403) 553 4140.

Amidst the often heated discussion about the efficacy of vaccines, let us not forget the plight of animals in our care, for the same arguments on both sides of the debate are applicable regarding the vaccination of animals. Anyone who is seriously concerned for the welfare of their domestic pets or livestock should be aware of the facts before proceeding with vaccination—if at all.

Author Catherine O'Driscoll got involved in this issue when several of her cherished pet dogs suffered adverse reactions to vaccines. Two of the dogs ("the darling buds of May") died, and the others continue to have chronic autoimmune dysfunction.

As she discovered in her research, vaccine adverse reactions in animals are grossly underreported by veterinarians. The problem is further complicated by vets and vaccine producers insisting that animals receive an array of annual booster shots, often against diseases they are never likely to contract. While the drug companies do not recommend that unhealthy pets be vaccinated, vets go ahead anyway, oblivious to the mass of evidence that vaccines compromise the immune system on an ongoing basis.

O'Driscoll has gathered an array of heart-rending case studies, yet she has balanced the emotional concerns with cold, hard facts gleaned from discussions with vets and vaccine makers and drawn from both the veterinary and medical science literature which she quotes throughout her book. She also discusses homoeopathic alternatives which have few, if any, side effects and many reported successes.

For pets' sake, inform yourself!

## THE SHADOW OF ATLANTIS by Alexander Braghine

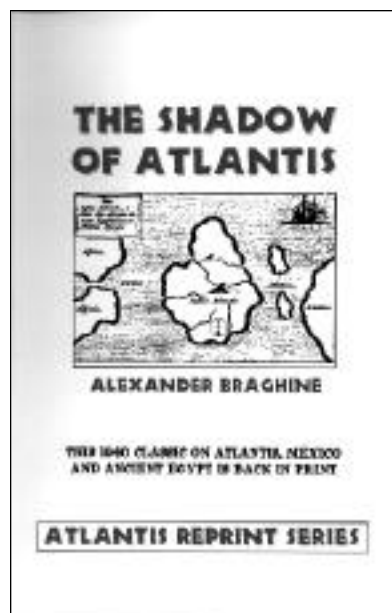
Publisher: Adventures Unlimited Press, USA, 1997 (first published in 1940)  
ISBN 0-932813-33-X (288pp s/c)  
Price: AUD\$25.00; NZD\$34.00 + p&h; STG£16.50; NFL£19.90; USD\$16.95+p/h  
Available: **Australia**—NEXUS Magazine, ph (07) 5442 9280; **NZ/UK/Europe**—

NEXUS Offices; **USA**—Adventures Unlimited, PO Box 74, Kempton, IL 60946, ph (815) 253 6390, fax (815) 253 6300.

First published in 1940, Colonel Alexander Braghine's classic work, *The Shadow of Atlantis*, is still a fascinating and important treatise for its broad scope covering the anthropological, archaeological, cosmological, geological and historical evidence for the existence of a lost continent in the Atlantic Ocean.

Colonel Braghine, whose speciality was linguistics, eschewed the theosophical and anthroposophical approaches to Atlantean information-gathering. Despite the revelations that can be had using occult methods, he thought they fail to provide true descriptions of civilisations that existed and events which occurred many millennia ago. His approach was to draw on diverse scientific disciplines but without being so rigid as to reject the commonalities amongst the artefacts, languages and myths of many ancient and modern cultures around the globe.

When Braghine wrote this book, the related literature comprised more than 25,000 volumes, classical and modern, so he was not at a loss for research material. Braghine has proposed some convincing arguments that the continent of Atlantis did exist in the Atlantic Ocean and its territorial influence was so expansive as to take in South and Central America, Ireland, northern Africa and Egypt as well as Crete and Greece. His conclusion—that Atlantis was finally destroyed during a cataclysm caused by a close call with a comet some 11,000 years ago—is gaining greater acceptance amongst modern-day Atlantis researchers.



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### THE BENEFACITOR'S MONKEY by Christopher Morten

Publisher: Christopher Morten, 1995  
ISBN 0-646-25891-5 (350pp s/c)  
Price: AUD\$15.00 inc. p&h in Aust;  
AUD\$20.00 overseas p&h  
Available: **Australia**—Morten Media, 9  
Kawanna St, Mudjimba, Qld 4564,  
ph/fax +61 (0)7 5448 7464.

Author Christopher Morten lived in Zimbabwe (then Rhodesia) off and on for 25 years (half his life), working in varied occupations including farmer, policeman and war correspondent. In late 1978, while serving as a volunteer in the Police Anti-terrorist Unit (PATU) in the northern war zone at the height of the Rhodesian civil war, he heard a medic warn confidentially of a highly contagious, lethal, unnamed sexually-transmitted disease that was being carried by black insurgents entering the Zambezi Valley. Because of an ethical conflict he was unable to report on this at the time.

However, it was not until several years later that the significance of this "New Death" struck him: he realised he had seen the first days of the terrifying scourge of AIDS. But how could so much already have been known about this deadly agent back in '78, when it didn't even have a name? Was a much more sinister plot behind it?

Morten has woven his hypothesis about the origin and purpose of this disease into a gripping yarn, *The Benefactor's Monkey*. His scenario involves a genetics genius being recruited by his rich, powerful uncle ("the benefactor") who is connected to an

elite group intent on reducing the world's population by 250 million a year. The geneticist is commissioned to produce a biological agent that would quickly wipe out the unwanted millions. He succeeds, but also creates an antidote as "insurance".

Though written as a fiction thriller, Morten's story contains many elements of truth in view of the mounting research pointing to AIDS being man-made.

### ANCIENT TONGA & THE LOST CITY OF MU'A

by David Hatcher Childress

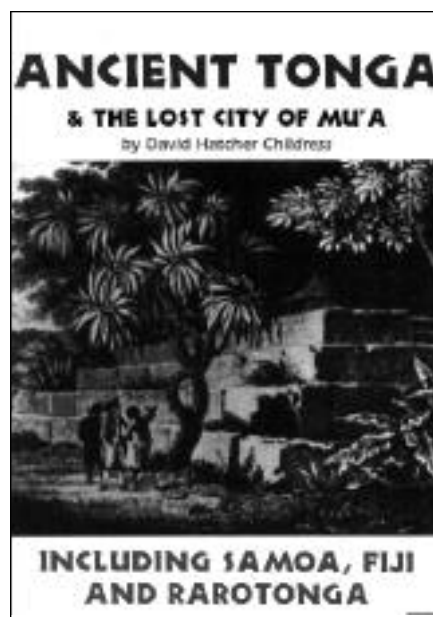
Publisher: Adventures Unlimited Press,  
Illinois, USA, 1996  
ISBN 0-932813-36-4 (216pp s/c)  
Price: AUD\$25.00; NZD\$32.00 + p&h;  
STG£16.00; NFL£31.90; USD\$15.95+p/h  
Available: **Aust**—NEXUS Magazine, ph  
(07) 5442 9280; **NZ**—NEXUS Office, ph  
(09) 416 7320; **UK**—NEXUS Office, ph  
01342 322854; **Europe**—NEXUS Office,  
ph +31 (0)321 380558; **USA**—AUP, ph  
(815) 253 6390.

From the intrepid David Hatcher Childress comes this absorbing investigation into the archaeological and anthropological history of the great Polynesian empire that once existed with Tonga at its centre. He has encapsulated an impressive array of evidence and research that suggests the region evolved in stages, being subject to migration waves and periodic influences from India, Egypt, Phoenicia, Libya, East Africa, South America and China. The fact that islanders of different racial heritages, separated by huge distances, use similar root words in their languages only deepens the mystery.

Scattered through the islands of Tonga, Samoa, Fiji and Rarotonga are the ruins of megalithic structures—pyramids, platforms, tombs, as well as roads, wharves, forts and moats—that point to a much earlier civilisation, one which had well-developed astronomical and technical skills in common with other now-lost megalithic cultures. This begs the question of whether a vast land (Mu or Lemuria), occupied by an advanced culture, did once exist in the Pacific Ocean—until it was ravaged by Earth changes many millennia ago.

Childress has reprinted some choice archival photos, illustrations, maps and symbols and contributed many of his own on-site colour photos of such wonders as a massive trilithon stone arch in the lost city of Mu'a on Tonga, and the recently discovered stone wall in New Zealand which is similar to ancient walls found in much of Polynesia.

Unlike many books by Childress, this is not a travelogue as such, but its engrossing narrative will nevertheless transport the reader for a glimpse into lost worlds.





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## **BEYOND ROSWELL: The Alien Autopsy Film, Area 51 & the US Government Coverup of UFOs**

by Michael Hesemann & Philip Mantle

Publisher: Marlowe & Company, New York, USA, 1997

ISBN 1-56924-781-1 (303pp h/c)

Price: AUD\$45.00; STG£15.99;

USD\$22.95

Available: **Aust**—Cameron Books, ph (047) 58 7676; **UK**—Michael O'Mara Books, ph 0171 720 8643; **USA**—Publ. Group West, ph 1-800 788 3123.

Fifty years after the infamous Roswell incident, isn't it high time the US government ended the cover-up on the truth about UFOs/ETs? This sentiment is echoed in *Beyond Roswell's* foreword, written by Jesse Marcel, MD, who, in 1947 at age 11, was shown debris from a UFO crash retrieval site by his father, Major Jesse Marcel, whose name is now legendary in ufology.

Michael Hesemann (editor of the German UFO publication, *Magazin 2000*) and Philip Mantle (investigations director of BUFORA in the UK) have teamed up to produce as definitive an examination as possible of the events surrounding the Roswell UFO/alien crash retrieval scenario. They have drawn on the available archival material concerning the circumstances and the personalities involved with Roswell, as well as the 'body of knowledge' painstakingly built up since the late 1970s by researchers like Stanton Friedman. Hesemann and Mantle have added to the storehouse their own interviews with still-living eyewitnesses and have included archival and recent photos of key

players so as to put faces to names.

The authors expand upon recent revelations over the Santilli autopsy film as well as the theory that the autopsied alien was retrieved from an earlier 1947 crash site at Socorro, NM (see Hesemann's article in NEXUS 3/06).

Included are analyses by Hesemann, and Native American Robert Morning Sky, of hieroglyphs, retrieved from the crash site, which have remarkable similarities with a number of ancient Earth scripts.

One thing is certain: the Roswell phenomenon is not going to go away!

## **BETRAYAL OF THE SPIRIT: My Life Behind the Headlines of the Hare Krishna Movement**

by Nori J. Muster

Publisher: University of Illinois Press, USA, 1997

ISBN 0-252-02263-7 (231pp h/c)

Price: USD\$24.95 + p&h

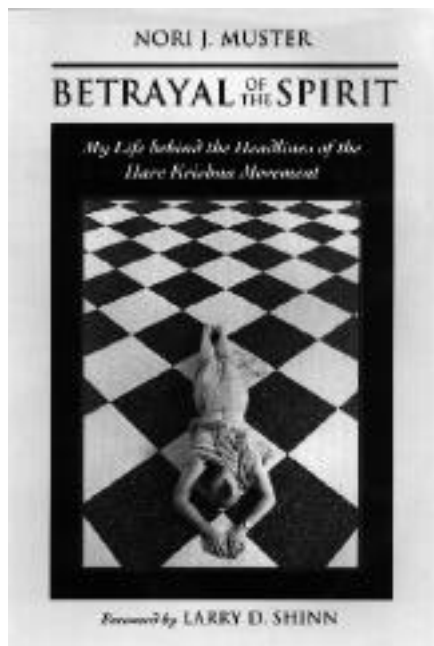
Available: **USA**—University of Illinois Press, ph (410) 516 6927, 1-800 545 4703, (217) 333 0950 (orders).

Betrayal of the spirit is a rare glimpse into the workings of the Hare Krishna movement in the US by a former insider. Author Nori Muster joined the International Society for Krishna Consciousness (ISKCON) in 1977 and left in 1988, disillusioned with the way that the mechanisms of the institution interfered with her pursuit of spiritual truth.

Nori Muster joined the group not long after the death of its founder and master, Swami Prabhupada—which ushered in an era of considerable disarray for ISKCON. In her position as public relations secretary and an editor of *ISKCON World Review* Muster was especially privy to the group's workings and many times had to present cover stories to soften the impact of the many scandals that rocked the movement—scandals involving membership schisms, fund-raising anomalies, child abuse, drugs, weapons stockpiling and even murder.

Her narrative serves on two levels: as behind-the-scenes historical reportage and as a very personal account of her journey into Krishna consciousness and her search to find meaning within the confines of religious institutionalism. Despite her frustration with the inner workings and the rampant religious hypocrisy and sexism that forced her to leave her job and the group in 1988, Nori remains true to her spiritual path and even sympathetic about ISKCON and its shortcomings.

Nori Muster's balanced critique gives many helpful insights for those seeking a better understanding of the structure and nature of religious cult groups at the fringe of society.



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## CHILDREN OF A TOXIC HARVEST by Eve Hillary

Publisher: Lothian Books, Victoria, Australia, 1997

ISBN 0-85091-850-2 (190pp s/c)

Price: AUD\$19.95; NZD\$29.95;

STG£11.99; USD\$/n/a

Available: **Aust**—Cameron Books, ph (047) 58 7676; Sydney Esoteric B/shop, ph (02) 9212 2225; **NZ**—Forrester Books, ph (09) 415 2080; **UK**—Gazelle Book Services, ph 01524 68765; **USA**—Seven Hills Book Distributors, ph (513) 381 3881.

A new breed of 'heroes' is emerging in the latter 20th century: individuals who have endured enormous suffering due to environmental illness, yet have managed to summon the strength to improve their own lives and warn the rest of us that we are all at risk.

One such champion is Eve Hillary, a registered nurse, who experienced debilitating health symptoms for over 10 years before she found a doctor who diagnosed her condition as chronic fatigue syndrome brought on by multiple chemical sensitivity. He started her (and her son) on a path of recovery with chemical-detoxifying chelation therapy and immune system-boosting treatments.

Eve's nightmare began in 1982 when, working with her now ex-husband on their isolated NSW property, she was exposed to sheep-dip chemicals and a multitude of toxic agricultural pesticides and herbicides. She was three months pregnant when first exposed, and her son went on to develop a host of health problems including acute lead poisoning and behavioural difficulties.

Eve had no idea then that their farm chemicals were the cause of her immediate and quickly worsening symptoms, such as severe migraine, nausea and dizziness. This energetic person soon had trouble even lifting a finger. As she eventually discovered, her immune system had been so compromised that she developed acute sensitivity to a

plethora of household chemicals, environmental pollutants and food preservatives—forcing her to adopt a total change in lifestyle. Her real-life story, *Children of a Toxic Harvest*, is testimony to her triumph over adversity as well as a call to remedial environmental action.

## LECTURE TAPE

Reviewed by Richard Giles

### THE SECRETS OF THE VATICAN

Lecture by Simon Treselyan

Producer: Seventh Wave Seminar Promotions, Qld, Australia, 1996

Price: AUD\$25.00 + \$3.00 p&h in Aust; STG£12.50 + £1.50 p&h in UK (3hrs, double cassette)

Available: **Australia**—Seventh Wave Seminar Promotions, PO Box 171, Woodford, Qld 4514, ph +61 (0)7 5496 4653; **UK**—Simon Treselyan Seminars, ph +44 01332 672104.

Simon Treselyan, guest speaker at the 1997 NEXUS Conference, presents a fascinating, revealing and even witty coverage of the history of the major religions, with a special focus on the Papacy, Templars and Masons. He looks at CIA and Mafia links with organised religion, the coming collapse of the system and the dawning of a new age of honesty. In this lecture given in Sydney in November 1996, Treselyan recounts amazing stories of corruption, manipulation and murder behind the scenes of churches, banks and governments. His past experience with the intelligence community means he is well qualified to speak on these subjects.

## VIDEO

Reviewed by Duncan Roads

### 1996 AUSTRALIAN INTERNATIONAL UFO SYMPOSIUM, Vols. 1-14

Producer: QUFON, Australia, 1996

Price: AUD\$29.95 each + p&h (PAL/VHS)

Available: **Australia**—MUFON (Qld), PO Box 2183, Mansfield MC, Qld 4122, ph/fax +61 (0)7 3849 6450.

Vol.1: Walt Andrus (Director, MUFON)

Vol.2: Keith Basterfield + Kelly Cahill

Vol.3: Peter Davenport + Alec Newald

Vol.4: Ademar Gavaerd (Brazil)

Vol.5: Soledad Wilson + Moira McGhee

Vol.6: Dr Joe Lewels + David Summers

Vol.7: John Carpenter (USA)

Vol.8: Jaime Maussan (Mexican UFOs)

Vol.9: Bill Chalker + Warren Aston

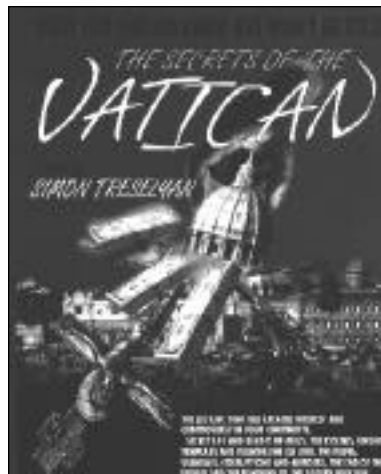
Vol.10: Stanton Friedman (USA)

Vol.11: George Wingfield (UK)

Vol.12: Pat Bailey + Glennys Mackay

Vol.13: Prof. John Mack on abductions

Vol.14: Whitley Strieber (USA)







# REVIEWS

## AUDIO

Reviewed by Richard Giles

### SOUND THERAPY SELECTIONS

Featured here are several sound therapy CDs which employ vibrational frequencies to heal body, mind and spirit.

### ACOUSTIC RESEARCH SERIES:

(1) **Brainwave Journey**; (2) **Brainwave Suite**; (3) **Delta Sync Sleep System**  
by Dr Jeffrey Thompson

Producer: Relaxation Company, '95-'96  
Available: **Australia**—New World Productions, Red Hill, Qld, ph (07) 3367 0788; **USA**—The Relaxation Co., Roslyn, NY, ph 1-800 788 6670.

**1. Brainwave Journey:** This 4-CD set is designed to decrystallise mental patterns and belief systems that prevent one from achieving full potential. With imagery instructor Owen Morrison, Dr Thompson uses embedded pulse sounds, comprising alpha, delta and theta waves, in a soundtrack with spoken words to guide the listener to a relaxed, altered state of consciousness.

**2. Brainwave Suite:** These CDs stimulate the brain to produce natural wave patterns to match one's desired state of mind. Naturally derived 3D sounds are combined with beta, alpha, theta and delta frequencies to entrain the brain with 'maps' of sound for fostering creativity, relaxation, insight, stress release, rejuvenation and other preferred states.

**3. Delta Sync Sleep System:** A 2-CD set designed to coax the body's own brainwave frequencies into a deep, rejuvenating sleep state. As most sleep problems result from prolonged stress, this sound approach promotes the relaxation necessary for entering deep sleep. An accompanying 12-page booklet explains how it all works.

### BIO-ENERGETIC PSYCHOTROPIC MUSIC

by Boris Mourashkin

Producer: The Relaxation Co., 1995  
Available: **Australia**—New World Prodn, ph (07) 3367 0788; **USA**—The Relaxation Co., ph 1-800 788 6670.

The music therapy developed by Siberian healer/poet/composer Boris Mourashkin differs from other sound therapies in that it stimulates the widest range of frequencies within the human audio and kinesthetic range of perception. It is a healing music that has been shown to enhance immune system responsiveness, and has been used successfully to treat dental patients, the chronically ill as well as handicapped children. The efficacy of Mourashkin's techniques is now being praised by medical health practitioners in the US where Mourashkin now resides.

### HARMONIC RESONANCE

by Jim Oliver

Producer: Jim Oliver for The Relaxation Company, NY, USA, 1995

Available: **Australia**—New World Productions; **USA**—The Relaxation Co., Roslyn, NY, ph 1-800 788 6670.

Jim Oliver has been playing piano since the age of five, and in the course of his musical development he discovered that different sounds resonate within different parts of the body. By applying these principles, he developed an approach for his workshops and recordings using sound to stimulate body cells. He uses the base note frequencies as carrier waves for higher frequencies. By interweaving sounds and emotions, his harmonic resonance compositions are designed to carry the listener beyond the physical to a deeper-level soul healing.

### HEALING KEY

by SPIN.FX

Producer: Luis Miguel Trapaga, ND, for SPIN.FX, Australia, 1996

Available: **Australia**—SPIN.FX, PO Box 230, Neutral Bay, NSW 2089, ph +61 (0)2 9909 1654.

Luis Trapaga, a naturopath and sound engineer/composer, uses sound frequency as a therapeutic tool. In creating *Healing Key* he recorded male and female voices chanting "Om", then filtered out the frequencies that diverged from the targeted seven main notes. The tracks, each 7.5 minutes long, comprise the tuned frequencies of the seven main chakras, starting with the base chakra, "C", at 261.63 Hz. The effect of the tones is extraordinary.

This is a valuable therapeutic technique, useful in massage, meditation, making vibrational remedies, etc. The CD comes with a chart that lists the colour, spinal nerve, aromatic oil, Bach remedy and gemstone corresponding to each chakra.

### NAKED DIDGE

by Dr Didge

Producer: Tarshito for Dr Didge, NSW, Australia, 1997

Available: **Australia**—Dr Didge, "Rainbow Hill", Fox Rd, Rosebank, NSW 2480, ph +61 (0)66 88 2290.

"Dr Didge", a medical doctor practising in northern New South Wales, has been experimenting with toning, tuning forks and didgeridoo for many years. He utilises the laws of sympathetic vibrational resonance to produce healing music. On this CD he employs the ancient sound of the didge to stimulate the seven main chakras and elevate body and mind. The first nine tracks focus on chakra stimulation, and the next five encourage freedom of movement, voice and breath. Excellent spirit/body workout.